

Welcome to the March 2008 Network News! The **Network News** goes out to members and interested others regularly by email. To be added to or removed from our mailing list, or to change your email address, please contact FTM Australia on email mail@ftmaustralia.org

The Changing FTM Voice (2007)

Alex Constansis, the doctorate researcher and writer of this powerpoint presentation is an FTM working in the field of the changing singing and speaking voice for men and women who transition since the beginning of 2002 (one year before his 'official' transition).

He offers information about the anatomy and effects of testosterone on the vocal chords as well as some voice techniques ('daily practice') and considerations for those transitioning on testosterone.

 <http://music.york.ac.uk/researchresources/aconstansis.ppt>

[Return to top](#)

F2M Personals

I'm Brooklynne, the new face and Administrator behind F2M Personals. I have a regular profile here: <http://www.f2mpersonals.com/grrrlshapedthin>

As the new site administrator, I will be introducing some changes and improvements to this personals website.

You may have already noticed the new site logo, it will also soon hopefully have a new look and slightly new feel to encourage people to join and spread the word!

I'm looking for suggestions to help improve the site and make it more functional. There are two polls running at the moment, so feel free to vote! F2MPersonals.com is a new website focusing on the dating needs of transmen, genderqueers, and their admirers in the Australasia area. It is run with a passion to help make meeting the perfect match for you easier. So come on and visit us all at www.f2mpersonals.com.

You can always contact me via the contact form at the top of the page. I hope you are enjoying the site so far and having a positive experience.

<http://www.f2mpersonals.com/>

[Return to top](#)

Borders Forum – it's all about identity!

Hi everyone, Dion here. I've just started administrating the [Borders Forum](#). This is a great place to talk about gender identity – yours, other people's, or just gender in general!

You are welcome at Borders regardless of whether you're young, old, TS, TG,

haven't transitioned, transitioned years ago, won't ever transition, etc etc. You don't need to be a member of FTM Australia, just register at the Forum online and I'll be in touch. You are welcome to chat about gender related stuff, get support, ask questions...

Come say hi at

<http://www.ftmaustralia.org/borders/>

Best wishes, Dion Reid
Queensland

Borders is supported by FTM Australia

[Return to top](#)

QLD: Cruising Men Workshops

Hello, my name is Dave Wells and I hold the position at QAHC (Queensland Association for Healthy Communities) as group Work and Counselling Coordinator. I am currently promoting a new series of workshops called the 'Cruising Men Workshops' that we are to hold over April and May across Queensland.

These workshops have been developed for Gay and bisexual identifying men. Specific issues experienced by Trans Men when cruising may not necessarily be addressed in this information, although I believe that the workshop content would still be relevant and of interest to Trans Men who are attracted to Men. The workshop has been divided into three sections. The first section is identifying and defining the avenues utilised for cruising men and etiquette. The second section focuses on 'Personal Risk' when utilising these avenues including; sexual health, safety/security and personal well-being. The third section focuses on 'personal Skills' which include; 'Self-esteem', understanding 'non-verbal body language', appropriate 'verbal language' and 'self awareness'.

For more information see the QAHC website:

<http://www.qahc.org.au/workshops> or contact David Wells on dwells@qahc.org.au or (07) 3017 1777

[Return to top](#)

The inside story

++Torque – New Policy

From 2008, membership of FTM Australia will include a **complimentary two year free subscription** to Torque. After that year, you have the choice to receive Torque free as a PDF by email or continue getting Torque posted to you.

If you are an old member of FTM Australia and want to receive Torque as a pdf document – drop me a line on email torque@ftmaustralia.org with your email address.

[Return to top](#)

++Torque Themes

Over 2008 – the themes for Torque are:

May – Surgery

August – Sex and Intimacy

November – Gentlemen or ‘Being a bloke’

Your contributions for the newsletter can be sent to torque@ftmaustralia.org and can be on any subject. Letters to the editor are always welcome.

[Return to top](#)

++Torque Online

The very first two editions of Torque (August and November 2001) are now available online, with more added as I can get to them.



[Edition 1 – August 2001](#)



[Edition 2 – November 2001](#)



[Edition 3 – February 2002](#)

Or check this page for new additions

<http://www.ftmaustralia.org/publications/torque/archive.html>

[Return to top](#)

++Website Updates

The fellow I started FTM Australia with – Jack – has updated his photo

<http://www.ftmaustralia.org/galleries/men/05.html>

[Return to top](#)

++Transitioning female-to-male in Australia

THIS GUIDEBOOK will fill a gap in information for the transitioning female-to-male individual and is written for anyone who wants to learn more about this process in Australia. This friendly guidebook gives you the information you need to take charge of your own process to make your transition as comfortable and healthy as possible.

The army of contributors should be very proud with their shared experiences and advice they've produced!

Transitioning female-to-male in Australia can help you

- Put your gender issues in perspective
- Understand how transition will affect your body, emotions and social world
- Know your treatments options and what is appropriate for you
- Make sense of some of the debates surrounding treatment
- Ask intelligent questions and discuss your alternatives with your doctor

- Manage your public life with partner and loved ones
- Make smarter life-style choices
- Handle your relationships, build a support team and stay well for the long run.

This handbook is **over 600 pages** of information and advice. It measures 15.6cm x 23.4cm as a publishing-house standard book. Interior pages: white 80gsm weight, black and white interior ink. Covers: full colour, laminated 240gsm weight.

For \$25 (add \$5 if you want it posted to you), I'm sure you're going to find it's well worth the cost!

If you want to put an order in for a copy, click here. Or download an order form: <http://www.ftmaustralia.org/publications/orderform.pdf>

[Return to top](#)

++Your financial support

YOUR financial support continues to be a really important part of the FTM Australia service. You can see the bank account transactions and balance here for 2008 anytime you want to:

<http://www.ftmaustralia.org/members/08/finances.html>

Besides website hosting, there's a steady demand for back issues of our newsletter, internet access, paper, printer refills and stamps.

[Return to top](#)

About FTM Australia

FTM Australia is a membership-based network, which has offered contact, resources, and health information for men (identified female at birth), their families and service providers throughout Australia and New Zealand since 2001.

Today, we remain the largest membership based network in Australia coordinated by Craig Andrews, with the input of members and guided by an Advisory Panel of health and legal specialists. We aim to inform the public of the issues surrounding transsexualism in men (female to male transsexuals). FTM Australia is neither advocacy-based nor can we provide legal advice.

For information about membership of FTM Australia, please contact [Craig Andrews](#) by email or find out more on this page: <http://www.ftmaustralia.org/members/membership.html>

[Return to top](#)

++ FTMA Resources

FTM Australia has some resources to assist you and your loved ones while you are in transition.

[Health and Service Providers Listing](#) has been built by others in your shoes who have found useful, caring service providers. This list is continually updated by members of FTM Australia. (Free).

[Stand by your Man \(and stay sane in the process!\)](#) is for partners, parents, family, friends, and other supporters. First published in 2003, it has been republished with new additions for 2007. This resource is available as a paperback (15.24cm x 22.86cm).

\$20 AUD (add \$5 if you want this publication posted to you within Australia).

[Transitioning on the Job](#) - Frequently Asked Questions by employers. Available online for you to print and provide to your employer or available from FTM Australia. (Free).

The [Little Boy Book](#) is an 18-page childrens' book to help share with your children their father's life. Photographs on one side and text on the other, this superb educational book was written by a primary school teacher. \$15 AUD (add \$5 if you want this publication posted to you within Australia).

[TORQUE](#) – the FTM Australia newsletter. Loved ones, service providers, friends and family are all welcome to become members of FTM Australia – including men thinking about, planning or undergoing transition female-to-male. Our newsletter is free to members, however, we do have a suggested yearly subscription of \$10.00.

[Return to top](#)

++Contributions to the Network News

The Network News is a tool for sharing information among our members and communities about new resources, issues, events and additions to our website and you are welcome to contribute.

To send in an event or resource, email mail@ftmaustralia.org.

[Return to top](#)

++Privacy statement

We are committed to protecting your privacy. In doing so, we commit ourselves to conforming to the *Privacy Amendment (Private Sector) Bill 2000*, which came into effect in December 2001 and the National Privacy Principles issued by the Australian Privacy Commissioner.

Your email address will not be disclosed without your consent. You can have your email address removed from the mailing list for the Network News by [sending an email to the Network News](#).

[Return to top](#)

FTM Australia

PO Box 488 Glebe NSW 2037 Australia

mail@ftmaustralia.org

www.ftmaustralia.org

